

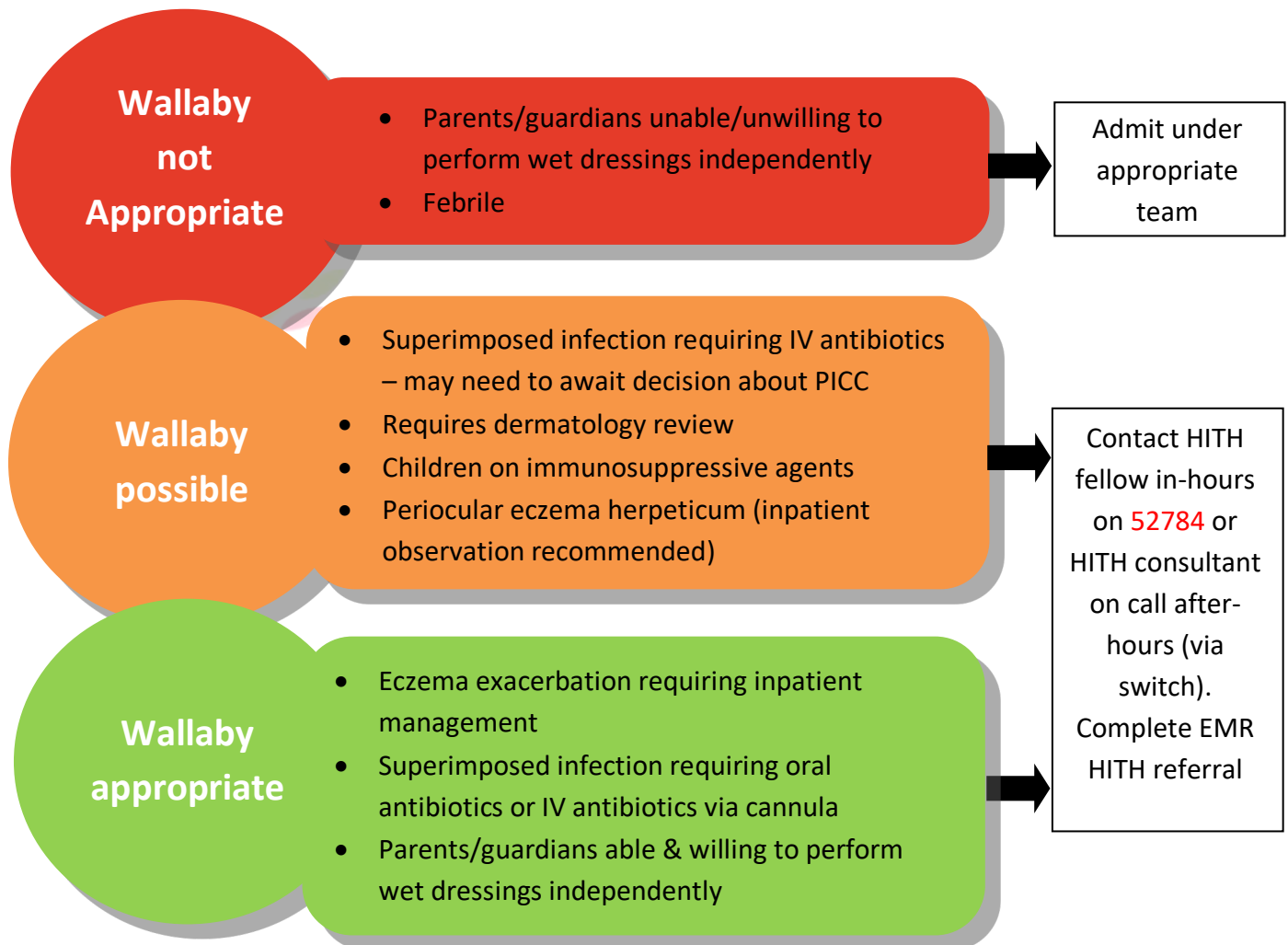


# Eczema

Children who require eczema management, education or support can be admitted directly to Hospital in the Home (HITH) from ED or clinic settings. As with any other HITH admission, this requires a safe home environment and consent from caregivers. **Children can go straight from ED to HITH.**



## HITH (Wallaby) admission criteria and protocol



### Prior to family leaving hospital:

- Admission accepted by HITH Fellow/Consultant and reviewed by HITH Fellow/AUM/CNC
- EMR referral to HITH and HITH bed request
- Eczema management plan made on EMR and hard copy given to family
- Consider skin swab if recurrent skin infections
- Clinical photos saved to EMR
- Wet dressing and bleach baths written instructions provided to family
- Prescriptions provided to family for all topical and oral treatments
- Tubigrip/supplies for dressings provided to family



# HITH protocol – nursing and medical

## Medical care requirements

- Daily review (phone/telehealth/home visit)
- Confirm family have all prescriptions and eczema management plan

## Daily care requirements

- Daily to twice daily nursing review to support wet dressings and education
- Daily photo documentation on EMR
- Phone support available 24/7 for family to escalate their concerns – phone calls to come to HITH AUM in hours, ED AUM after hours and escalate to HITH consultant on call as required

## Potential issues

- Eczema not responsive – consider superimposed infection, take bacterial/viral swab and discuss with HITH medical team
- Itch prominent symptom – consider regular antihistamine, discuss with HITH medical team
- Family experiencing difficulty in acquiring sufficient tubigrip/supplies – discuss with HITH AUM
- Family requires further education/support – discuss with HITH medical team, consider referral to eczema workshop &/or online learning package

## Readmission criteria

- Worsening eczema or infection despite HITH intervention
- Difficulties with parental adherence to plan despite HITH input
- If requires transfer back to hospital, the HITH team will handover care to the appropriate medical team and inform the bed manager
- If urgent review required, HITH will discharge and send patient to ED via ambulance

## Discharge plan

- Discharge once visible improvement and adequate support/education provided to family (usually after 3-5 days)
- On discharge ensure family understands 'everyday care' part of management plan (ie stepdown from exacerbation management)
- Families advised on how to purchase ongoing eczema supplies (pharmacy or EDC)
- Follow up with GP, paediatrician or eczema clinic as required

***See education hub and other eczema resources***